## 2007 APHA-STUDENT ASSEMBLY ANNUAL MEETING SUPPLEMENT

WASHINGTON, D.C.

**VOLUME 11, ISSUE 4** 

#### Highlights from the Student Assembly

November 3-7, 2007, the place to be is Washington, D.C. for the 135th APHA Annual Meeting & Exposition. Thousands of students and over 13,000 public health professionals are expected to converge upon the city prepared to learn, teach, network, and party. Everything starts on Sunday, November 4th at noon with the preeminent author Laurie Garrett and CDC director Dr. Julie Gerberding speaking during the Opening General Session. Following the Opening General Session, the Annual Meeting is officially kicked off. This also opens the Public Health Expo, the largest and most comprehensive public health exhibit featuring more than 675 booths of information, state-of-the-art products, and services geared towards public health professionals. Instead of the New Connections Reception this year, APHA is offering The Capitol Steps Comedy show for free beginning at 6:30 PM on Sunday. Something else that is new this year is the Mix and Mingle Lounge (MML), which will be located directly across from the registration area in the East lobby of the Washington Convention Center, and will be available everyday during the meeting. The MML will be a comfortable, relaxing area where you can sit, connect to the free wireless internet, use the i-communicate computers, and purchase snacks and beverages.

With so much to see and do and so little time at the meeting, it is important to plan ahead. Some not to miss Student Assembly events include APHA Student Assembly Orientation (#3201.0), the SA Social scheduled for Monday, November 5th at 8 PM, the SA career sessions, and the SA Strategic Planning (Business Meeting) (#399.0). At this year's newly reformatted career sessions, scheduled to speak in the first-ever advocacy/politics themed session are Karen A. Goraleski, Elizabeth M. S. Krause, Noelle Lee, and Dr. Susan Radius, and during the international health session are Dr. Sharon Rudy, Dr. Wayne Westhoff, Dr. Alan H. Bornbusch, and Sascha A. Lamstein. You can see those sessions, as well as other not to miss student sessions at http://apha.confex.com/ apha/135am/techprogram/ program\_779.htm. Support your fellow students by attending these sessions. We are also excited this year to be able to offer a comfortable, relaxing area at our Expo booth make sure to stop by, maybe have a seat, while you discover what we can do for you.

We hope to see you there!

#### LAYOUT & EDITING: Kristy A. Siegel and Monet Silva-Caldwell

#### SPECIAL POINTS OF INTEREST:

- ◆ SA Chair and Chair-Elect's Messages to the Student Membership
- ◆ Treasurer Report on SA Finances
- ◆ APHA-SA Capitol Hill visit
- ♦ 2007 Student Assembly Board Members



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#### Words of Wisdom from the APHA-SA Chair

Dear APHA-SA Members,

With the 135th Annual Meeting of the American Public Health Association just around the corner, we are approaching the culmination of a year's worth of Student Assembly activities and setting our sites on November's meeting. I would like to take this opportunity to again thank you to you for your support and participation in the Student Assembly as members and leaders. Additionally, I would like to encourage you to make the most of your time at the APHA Annual Meeting in Washington, DC. As a student, the meeting offers an opportunity to engage with students and public health professionals from around the U.S. and across the globe, and can be a very enriching experience. I would like to offer a few pointers to maximize your time at the meeting this vear.

Engage in dialogue about research and practice. The APHA Annual Meeting offers thousands of oral and poster presentations that may serve as a launch pad for your research ideas, or bolster your existing research. In addition, these sessions provide you with an opportunity to engage at a personal level with researchers in your area of interest. Take the time to ask the researchers

questions. Stay after the sessions and dig deeper to increase your understanding.

**Advocate** for public health. The meeting in Washington, DC presents a unique opportunity to visit with staff in your Congressional offices and engage in advocacy for key public health policy issues. Personal visits provide the unique opportunity to make a face-to-face impression on legislators and their staff and give public health a more personal context. If vou are new to advocacy, there are numerous opportunities to learn how to be an advocate, as well, including several offered by the Student Assembly. As public health professionals, we will constantly struggle to gain support for the issues we are passionate about through policy, and engaging in advocacy as a student will provide you with valuable experience for the future.

Network with your peers, colleagues, and professionals in the field and in your area of interest. The APHA Annual Meeting is quite possibly the largest gathering of public health professionals from around the globe, and provides students with a great opportunity to seek out ideas, as well as job, fellowship, and internship opportunities. This takes place not only in the

exposition hall at designated areas, but also through informal conversations. Seek out public health professionals who you respect and admire; converse with representatives from public health agencies such as the Centers for Disease Control and Prevention, the American Cancer Society, and others. These conversations, both formal and informal, are great opportunities for students.

Have fun! If this year will be your first APHA Annual Meeting, take a moment to stand back and take it all in. The vast nature of this meeting may be a somewhat overwhelming at first, but nowhere else will you find such a gathering of public health professionals and students in one spot. The city of Washington, DC has much to offer as well and there are countless nearby sites to see while you are in town. Take advantage of this opportunity to learn, network, and enjoy Washington!

I am excited to see many of you at the APHA Annual Meeting in November. Please be sure to check out the Student Assembly events and stop by our booth in the exposition hall to say hello!

See you in Washington!



Darren Mays, MPH Chair

#### APHA-SA Chair-elect Welcome

Students, welcome to the 135th Annual Meeting in Washington, DC! This promises to be a stimulating and interesting meeting. The Student Assembly sessions this year are more extensive than ever before thanks to the great work of the Student Assembly programmers. Additionally, the 3rd Annual Student Meeting taking place on Saturday, November 3 will be larger than ever before. Whether this is your first time at the Annual Meeting, or you are a veteran, the Student Assembly is here to make your experience great! Please visit the Student Assembly booth and attend its business meetings to meet your Board members and learn more about Student Assembly programming at the Annual Meeting.

Although the Annual Meeting is the culmination of hard work by numerous APHA staff and volunteers, it is not the only reason to become a member of the APHA-SA. Your Student Assembly offers benefits that go far beyond this annual event. Although many people join APHA in order to attend the Annual Meeting, there are thousands of students who cannot attend and still believe that membership in the APHA-SA is an important part of their education and future. Being involved in the Student.

Assembly not only includes attending student sessions, and visiting the SA booth, but working with committees and the SA Board throughout the year.

The Board Members of the APHA-SA volunteer numerous hours and lead a variety of committees in order to bring student members projects and information they care about. The Diversity Committee publishes fact sheets about different health issues and how they affect minority populations. The Action Committee works hard to bring issues that are important to students to the forefront, and it advocates for relevant policies so student opinions are heard both within APHA and in Congress. The Opportunities Committee sends weekly emails of educational, job, and funding opportunities to all student members. Campus Liaisons have worked hard to expand their committee and the APHA-SA now has a presence on many campuses across the country.

The Student Assembly committees not only offer information to members, but solicit information from students. The Newsletter Committee offers an opportunity for students to write articles about their research and activities in a peer reviewed publication.

The Development Committee looks for funding opportunities to support student research and activities. All committees welcome suggestions and feedback from the membership at large.

The best way to have your voice heard and to be involved is to join a committee or the Board itself. We understand that all students are busy not only with school work, but with their lives; however, volunteering a little time and energy offers great rewards. Not only can you hold a leadership position in the largest national student organization in the country, but you can meet colleagues and make friends. I have had the opportunity to make connections with people that will be in my life long after my time in the SA is over.

I encourage all students to get involved with the Student Assembly in whatever way they feel comfortable. Please feel free to contact committee members, Board members, or myself in the next year. I look forward to getting to know many more students and increasing involvement in all of our activities.

I hope you all enjoy the Annual Meeting and the next year!



Tamar Klaiman Chair-Elect



#### Finances & Development Report



Haroun Habib, MPH Treasurer



Jamie K. Lok, CHES Development Chair

The APHA Student Assembly (SA) board, especially the Finance and Development committees, works each year to ensure the SA has adequate funding to maintain board activities, plan events, and provide membership benefits. The Finance and Development committees also work with other board members to raise additional funds for Annual Meeting activities, scholarships and awards, and submit grants to fund various APHA-SA programs.

Since last year's meeting, the SA board has worked to increase our level of financial stability in all areas. This year, the Finance and Development committees led the SA's third annual fundraising campaign to provide scholarships to students who are selected to present scientific research at the annual meeting. This year's fundraising efforts allowed APHA-SA to nearly double the amount of money for student scholarships from previous years. The SA was able to provide five student scholarship winners an award package that includes registration fee and a travel stipend to the 135th Annual Meeting of APHA in Washington, DC. Through the diligence of our Development and Finance committees, our Campus Liaisons, other board members, and the

generosity of our donors, the scholarship program has raised over \$4,000 to support student attendance at the APHA annual meeting in the future. If you plan on submitting your work to present at the Annual Meeting in San Diego, CA next year, be on the lookout for our call for applications in late summer of 2008.

Securing funds for the SA's annual National Student Meeting, held the Saturday prior to the start of the APHA annual meeting, is a primary goal for our board members. This year the Finance and Development Committees and members of the Executive Board wrote a proposal to support the conference and sent numerous letters to foundations and non-profit organizations seeking funding for this effort. After much anticipation, the SA successfully secured a CDC conference support grant for nearly \$7,000 to support the Annual Student Meeting. We are pleased to again provide this meeting free of charge to our student members as a result of continued external funding support.

In April of 2007, the APHA Student Assembly leadership established the Trong D. Nguyen Memorial Award for Student Leadership to recognize the significant leadership contribution of a

student in public health. The award will be given in memory of Trong D.
Nguyen, a founding member of the Public
Health Student Caucus (PHSC), the organization that later became the APHA Student Assembly. The Finance and Development Committees have worked diligently with the Nominations Committee in the award's inaugural year.

This year APHA-SA board members have poured their energy into a number of projects including expanded programming for the 135th Annual Meeting; refining and revising our website (www.aphastudents.org); expanding our Campus and Section Liaison programs; publishing regular newsletters, action alerts, and other publications; generating weekly student opportunities emails; and coordinating a successful student National Public Health Week (April 2007).

We have only begun to describe the extensive "behind the scenes" efforts that are carried out to guarantee that all members reap the full benefits of being a part of the APHA Student Assembly. We continue to work extremely hard to maintain fiduciary stability and increase funding levels to ensure the success of all SA programming and events.

#### Who Are We?

Leadership - Darren Mays, Tamar Klaiman, Meredith Masel - chair@aphastudents.org

#### Committees

Action Committee - Mariza Hardin, Denise Burke – action@aphastudents.org
Promotes public health advocacy by keeping APHA-SA members informed about
major public health policy issues as they arise and facilitating transmission of
APHA-SA opinions to appropriate decision-makers/legislators.

Advancement Committee - Robert Nelb, Elizabeth Reitano -

advancement@aphastudents.org

Encourages development of leadership skills, promote networking opportunities with fellow students and public health practitioners, and facilitates transition into professional roles.



Communications Committee - Jacqueline Bromley, Mary Martinasek - secretary@aphastudents.org

Oversees and facilitates administrative functions, acting as APHA-SA secretary. It also disseminates information via the newsletter, Web pages, and listservers. The Communications Committee maintains an archive of all official Assembly minutes and correspondence.

Development Committee - Jamie Lok - development@aphastudents.org

Establishes and maintains a strong financial base, supporting administration of all fund raising activities within APHA-SA.

Diversity Committee - Julie Suzuki-Crumly - diversity@aphastudents.org

Coordinates and implements all efforts to promote the recruitment and maintenance of a diverse APHA-SA student membership and leadership.

Finance Committee - Haroun Habib, Lianne Estefan - treasurer@aphastudents.org

Acts as the treasurer and handles matters of monetary concern, including reimbursements, grants, etc.

Membership Committee - Sheliza Lalani - membership@aphastudents.org

Maintains a current database of APHA-SA members; collaborates with and encourages campus liaisons and student associations in various activities to maintain member involvement with APHA-SA and to recruit new members; and coordinates special mailings to new members.

Mentoring (NMP) Committee - Joyonna Gamble-George – mentoring@aphastudents.org
Is a national mentoring program pairing Public Health Students with professionals currently in the field.

Nominations and Voting Committee - Teri Malo – nominations@aphastudents.org Organizes voting for new officers within APHA-SA.

Opportunities Committee - Jennifer Cremeens - opportunities@aphastudents.org

Facilitates student access to public health-related job, internship, award and scholarship opportunities.

Programming Committee - Kristy Siegel, Monet Silva Caldwell – programming@aphastudents.org Works on APHA-SA's participation within the annual APHA conference.

#### Subcommittees

Abstracts Subcommittee - Kristy Siegel - abstracts@aphastudents.org

Facilitates the abstract submission and selection process for the annual APHA conference.

Campus Liaison Subcommittee - Lenette Golding, Allen Suh - campusliaison@aphastudents.org

Serve as their school's representative to (APHA-SA) by disseminating information about APHA-SA to students, faculty, and administration at schools offering health-related degree across the country and while facilitating a sustained dialogue between these schools and the APHA-SA.

Newsletter Subcommittee - Olivia Wackowski – newsletter@aphastudents.org Edits and produces the quarterly APHA-SA newsletter.

Student Meeting - Bryn Bird - studentmeeting@aphastudents.org

Organizes the one-day all student conference meeting commencing prior to the APHA Annual Meeting.

Website Subcommittee - Allan Chiunda, Suzanna Lee – website@aphastudents.org Maintains and updates the APHA-SA website.



# DON'T FORGET TO STOP BY BOOTH #1422 FOR SOME REALLY GREAT FREE STUFF — AND OH YEAH, SPEAK WITH YOUR FELLOW STUDENTS.



Kristy A. Siegel, MPH, CHES Programming Chair



#### How to Navigate the APHA Annual Meeting

If you are a first time attendee to the APHA Annual Meeting and Exposition, on first appearances you may feel overwhelmed by all the sessions and events scheduled in four days. But here are some tips to help you navigate the meeting and get the most from it.

Once you arrive in Washington, DC and checked into your hotel, the first thing you should do is make your way to the Washington Convention Center to pick up your registration materials. If you preregistered for the APHA Annual Meeting, you received your name badge (similar to a credit card) by mail before the meeting. But you still need to get your name badge holder, the Annual Meeting Program, and the official Annual Meeting carrying bag. If you arrive on Saturday or Sunday morning, it is best to get your registration materials early because in the few hours before the Opening Session on Sunday the registration desks will be extremely busy. And you must have your name badge and badge holder in order to access all sessions, as well as the APHA Public Health Expo.

Registration hours are as follows:
Saturday 7:30 am - 6:00 pm
Sunday 7:30 am - 6:00 pm
Monday 7:30 am - 5:00 pm
Tuesday 7:30 am - 5:00 pm
Wed. 7:30 am - 12:00 pm

Now that you have your Annual Meeting Program, there are some things that make using it even easier. One is the foldout dividers inside the program. Before each section, you will find a foldout, thick divider with headings on it. Using these with help with turning quickly to the sections you are looking for. In the past, headings included Highlights / General Information / Floor Plans, Continuing Education Institutes and Approvals, Scientific Sessions / Business Meetings / Social Hours, Exhibits, Committees / Boards / Awards, and Sponsor Index / Author Index / Subject Index. These dividers also have advertising on

them, so make sure to read them to see if there is anything of interest.

Once you have an idea of what you want to see. A tip for deciphering the types of sessions is the time allotment for them. Poster sessions are only an hour, are held in the Expo Hall usually near the back, and allow for the attendee to casually walk around viewing and discussing the posters with the authors. Whereas, oral sessions are an hour and a half, held throughout the convention center and some nearby hotels, and follow a strict schedule. Though the Annual Meeting Program lists the approximate time of particular speakers during oral sessions, it is not suggested to move from session to session to hear different speakers during the same time slot. The order of speakers in any given session may be rearranged for need and you may miss a speaker you wanted to hear.

Getting around the meeting to see all the presentations can be a challenge in itself, however inside the Annual Meeting Program you will find the floor maps of the Convention Center, the Expo Hall, and the area hotels that contain some sessions and events. It is best to examine these floor maps before setting off to a session because you don't want to be on the wrong side of the Convention Center with only a few minutes to get back to the other side. An additional note, more than 900 scientific sessions are scheduled during the course of the APHA Annual Meeting, prohibiting pre-registration for individual sessions. Plan on arriving at your sessions early. Seats are available on a first-come, first-served basis.

Although there are so many sessions to keep you busy during the meeting, don't forget to set time aside to visit the **APHA Public Health Expo**. This is the largest and most diverse public health exhibit, featuring more than 650 booths of information, state-of-the-art products, and services

geared towards public health professionals. The Expo provides an excellent opportunity for attendees to meet and greet each other while learning more about public health careers, visiting with publishers, computer and pharmaceutical companies, schools of public health, healthrelated governmental agencies, non-governmental organizations, and APHA sections / SPIGS / caucuses. Stop by each booth to speak to the representatives, as well get any freebies! Don't forget to stop by booth #1422 for some really great free stuff - and yeah, speak with your fellow students.

Another item to add to your already busy APHA schedule is **business meetings and socials**. You may think that you have been sitting all day in presentations and now you have to sit in a business meeting? Well, the answer is yes, but this is also one of the best ways to meet people in your field because you can attend the business meeting (or if available the social) of your section. You will hear what is going on within your section, as well as how you could get involved with APHA.

The APHA Annual Meeting has some attendee-friendly services for your convenience and use. Because there are over 13,000 attendees and you may not be able to network with everyone you want to at the meeting, the Activity Posting Center and the Message Center should be on your to-do list everyday. The Activity Posting Center contains flyers to advertise meetings or special events. Some last minute events may be advertised there, so make sure to check often. This is also a great way to stay in touch with people during the meeting.

These are just some of the tips to help you navigate the meeting, and ensure you get the most of your attendance at the APHA Annual Meeting and Exposition. To hear more, make sure to attend session #3201.0 APHA-SA

Member Orientation

See you then!!! And have fun!!!

#### How to Network to Create Professional Circles

By: Kristy A. Siegel, MPH, CHES – Programming co-Chair

Are you a student looking for a mentor, job, internship, or professional opportunities? The first place to look is no further than your personal and professional network. What? You don't have a network? Don't worry, with some tips and practice you can be on your way to establishing a great networking circle.

Carry the right tools. When attending business meetings and conferences, always carry business cards with your contact information. If you don't have a school/job that offers business cards, you can easily print your own (with various software packages) or get free professionally printed cards from different website companies (with paid shipping and handling). Just include your name, contact information, school program, and research interests on the card. If you hold a leadership position in an organization, you can also include that on the business cards.

Prepare, prepare, prepare. Dr. Sharon Rudy from the USAID Global Health Fellows program in her career presentation during the 134th APHA Annual Meeting suggested everyone should have his/her story prepared in an "elevator speech". When you meet someone, you only have a matter of moments to tell them about yourself. Think about the time you spend in an elevator watching the light change from one floor to the next – in the time it takes to get to the 3rd floor of a building, you should have your specs prepared to tell the next person you meet at a conference. An example is "My name is... I am a \_\_\_\_ student at... My research interests

are...". Keeping it brief is key.

Plan it out. Have a plan on what you need to gather from individuals – remember who, what, where. Greet each person inquiring who they are, what they do, and where they work. After meeting them, jot down any pertinent details on the back of their business card. You did get their business card, correct?

Listen, don't talk. This is not a job interview, you are not supposed to spend the short amount of time with one individual talking about yourself and your accomplishments. Say enough to be memorable and pleasant enough to have the person think kindly of you. But don't maximize the time – you should gather enough information about the person to assist you in gauging their place in your network circle. A special note is that though this not your interview, it is also not their interview - don't pester with questions, let the conversation happen naturally.

This is the one time when it is better to take more than you give. Just as you should listen more than you talk, you should take more business cards than you give out. Set a goal to speak and receive business cards from a certain number of people at each encounter. If you did not meet your quota, reflect on the event to elucidate the reasons - was your quota too high, did you spend too much time with one person, where you not able to approach people - as said earlier, creating networks takes practice. Each experience should be reviewed and expounded on.

Follow-up is more than just kind. By gathering

business cards, you are in control of establishing and developing the relationships. A simple follow-up will also allow you an additional opportunity to promote yourself by making yourself more memorable. Be it an email, phone call, or good old fashion letter (on personalized stationary created using software package), say "it was really great to meet you at... thanks for talking with me... I would especially like to acknowledge... I look forward to further developing our professional relationship in the future." Someone who is willing to be a part of your network circle will likely acknowledge receipt of your follow-up, and offer further advice.

Annual Meeting in Philadelphia, Dr. Jay Bernhardt from the National Center for Health Marketing relayed that every job he had was as a result of his network connections. He never responded to a job announcement, but rather was referred to a job opening from someone within his circle. Now in a position of developing job opportunities, Dr. Bernhardt mentioned that he never reads unsolicited resumes that are sent to him, illustrating the importance of students developing their network circle now.

During the 133rd APHA

Just remember that Six Degrees of Kevin Bacon isn't just a silly game, but is the quickest way to expand your network. One person in your circle can contact someone in their circle to contact another person to find that right opportunity for you!

For more career advice, make sure to attend the newly reformatted SA career sessions! ARE YOU A

STUDENT LOOKING

FOR A MENTOR,

JOB, INTERNSHIP,

OR PROFESSIONAL

OPPORTUNITIES?

PROMOTE
YOURSELF.



#### Networking at Its Best

The following, which was taken from University of South Florida Field Reports – Fall 2006/Spring 2007, is an example of successful networking by USF COPH graduate student, Candace Webb, during an APHA meeting.

In December 2005, I attended the annual National Black Women and HIV/AIDS Conference in Los Angeles. While at this conference, I happened to sit at the same table as Ms. Judith Auerbach, VP of amfAR and Director of their Public Policy Office. Although I did not know who she was at the time, I initiated a conversation with her and we exchanged business cards. After learning that she worked in Washington, DC, I conveyed my interest in gaining exposure to public health advocacy work and my public health graduate school training.

After meeting with Ms. Auerbach in LA, I followed up with her via email and we arranged a breakfast meeting at the 133rd Annual Meeting of the American Public Health Association in Philadelphia. I researched when and where she was going to be presenting at APHA, then I attended her session to further demonstrate my interest. I arrived at our breakfast meeting with my resume, business card, a policyrelated writing sample, enthusiasm and pitch for why I would be a great intern in her office. This breakfast meeting, coupled with my follow-up email (as she suggested), evolved into me landing and creating the first graduate-level internship the Public Policy Office of amfAR ever had!

I can sincerely say that networking—speaking up, initiating a new conversation, contributing to an existing conversation (when appropriate), exchanging business cards and taking the initiative to follow-up, landed me an internship that I was able to create and tailor to meet my academic, professional and personal needs and goals. More exciting than that, my summer internship eventually led to a full-time position as a Program Associate for Training & Education with the AIDS Alliance for Children, Youth & Families. Plus, DC is where I wanted to land a job after I earned my MPH degree. In retrospect, networking is definitely the most powerful way to build professional relationships, market your abilities, actively foster new contacts...and, of course, land a great internship/job!

I am constantly honing my networking skills, but here are a few tried and true tips. First, learning to speak up during conversations and contributing my thoughts, ideas and opinions (where appropriate) has helped me to network.

Second, whenever I travel I always have my business cards with me. Striking up conversations with random people in random placesan airplane or in an elevatorcan lead to internship or job opportunities that you would never have known about unless you had a conversation with that individual (like meeting Ms. Auerbach at a luncheon). Even though a person may not be in public health, they may know someone in your area of interest and be willing to make an introduction.

Third, being prepared, organized and strategic in my

networking is also importantespecially with conferences. A great networking opportunity is at conference workshops and roundtable discussions. Obviously, the attendees share your interests so you can engage them in conversation by posing questions that solicit feedback from the group. If you are attending a major conference, like APHA, then be sure to research the online program ahead of time. This allows you to organize yourself and map out a session schedule in advance. Most conferences post the presenters' biographies, which may include their contact information. If so, a note to the presenter sharing your interest and plans to attend their session is always nice. Just make sure you attend the session and introduce yourself afterwards. If you are interested in interning or working with the presenter, then have your business card, cover letter and resume available. If you run out of materials or forget them, you can also obtain the individual's business card and follow up with them once you return home.

Networking is basically selfmarketing. You know yourself better than anyone else—your skills, abilities and passion for public health. It is critical to be able to promote yourself, so just find areas within a conversation that you can contribute to, as well as step outside of your shyness, and initiate conversations.

Overall, the best advice I can give to students about networking is to be bold, be prepared, and ultimately, be yourself!

NETWORKING IS

BASICALLY SELFMARKETING. YOU

KNOW YOURSELF

BETTER THAN

ANYONE ELSE-YOUR

SKILLS, ABILITIES

AND PASSION FOR

PUBLIC HEALTH.



#### Meeting City: Getting Around Washington, D.C.

Washington, D.C. is a great walking city. APHA always chooses great walking cities for the Annual Meeting, but I think by far D.C. is the best one - having visited five times already; with one of those visits being during the 132nd APHA Annual Meeting.

Everything you could see in a day's visit is available right from the Washington Convention Center (WCC) area - as long as you really like long walks. From the WCC area, if you walk South you can reach the National Mall with all the great (and free) Smithsonian Museums, as well as the National Memorials. Just a couple blocks Southeast of the WCC area is Chinatown - pretty much this is where all the eating establishments within the WCC area are. Southwest from the WCC area (straight down New York Avenue) you will get to the White House. (I know you might want to, but no booing or hissing as you go by, we wouldn't want an APHA scandal!)

Even if D.C. is a great walking city, that's not to say that getting around not on foot is bad either because once you get where you are going, you will still have to walk. But D.C. has got you covered there with a fabulous Metro system. In all my visits to D.C., I have never had a car, never taken a taxi, and yet was able to see almost everything there is to visit. Most times just using the Metro to get around. Even from the airport, I have never used any vans, taxis, or services. If you are flying into or out of Reagan Washington National Airport, you can take the Yellow line into the city for less than a coffee (\$1.60).

If you plan on doing a lot of walking once you are at the Mall, I suggest you take the Metro down there - save your feet, cause you will need them! The National Mall is serviced by the Yellow & Green lines (M STOP: Archives Navy Memorial) to the North, and Orange & Blue lines (M STOP: Smithsonian) to the South and Southeast by M stop Capitol South. Unfortunately, if your plans include visiting the Lincoln Memorial and surrounding

memorials including the Thomas Jefferson Memorial, there are no convenient Metro stops in the vicinity of any of them. So start walking (remember it's good for you), or catch one of the buses, or dare I say, take a taxi out there. And in case you have never visited D.C. before, the National Mall covers 2 miles from the U.S. Capitol Building to the Lincoln Memorial. It is a fun walk, but you will have to get back to where you started!

#### TIPS TO USING METRORAIL:

1) Look for the M column. Finding a Metro stop is just looking for the tall black column marked with the M and has the bands of color representing the lines it serves which could be Red, Orange, Yellow, Green, or Blue lines. And once you are in the stop, know what the Terminal stop is on the line you will be using to know which direction you need to head. For example, if you want to get from the Mt Vernon Sq/7th St. Convention Center to the Archives-Navy Memorial, you would use the Yellow line - Huntington or Green line -Branch Avenue. And to return, you would use the Yellow line - Fort Totten or Green line - Greenbelt. 2) Always have correct change. The Metro's price is dependent on the time of day you are using it price is higher during rush hour, and lower in off-times, as well as the distance traveled. But you should always have dollar bills and loose change to cover the price. Not all stations have attendants with change. And do you really want to get twenty dollars worth of coins? 3) Use the prepaid farecard, if you can. Unlike many other cities' subway systems, the Metro does not use tokens, but rather farecards. You don't always have to buy a one-way trip ticket, especially if you are going to use the Metro a lot during your stay in D.C. You can purchase a one-day pass, a week farecard, or just put in any amount you expect to use during your stay (say \$5), and each time you travel, the Exitfare machine will deduct the amount for

that trip. As money is deducted from the farecard, you can see the remaining amount, and put additional money on it as needed. 4) Always retain your farecard. As mentioned, since the Metro uses farecards and fares vary with distance and time of day, you must use your farecard to exit the station stop-this is to verify that you paid the correct amount at the beginning of your trip. My first visit to D.C., I was so excited to be out and about that once I went through the Entrancefare machine, I paid no mind to where I put my farecard. And when I reached my destination, I stood there searching for my card never found it, but luckily my friend had a prepaid farecard and I used his to exit. So now when I travel, I always keep my farecard in my hand until I reach my destination. 5) Before you head out of the

station, always know where you are going. Almost all Metro stops have numerous exit points to the street. Some of those are not a problem because any of the exits will take you to the same intersection, just on different sides of the street. But some of them will actually take you a block or more underground to a different street. You wouldn't want to exit to find out that you now have to walk a few blocks back to where you actually wanted to go. The Metro is actually very user-friendly, and caters to tourists, so it is very likely that if you are visiting a tourist destination, there will be signs telling you which exit to take to reach that location. But if you are visiting someplace that does not have signage, then just make sure you know the cross-streets and then take one of the exits which is closest to that intersection.

One last tip is don't always rely on the Metro to get around. Sometimes the maps are misleading, what looks like a great distance between stops is in fact one block over. If able to, just walk the distance and save time and money.

Good luck and happy walking (or railing)!



IN ALL MY VISITS TO
D.C., I HAVE NEVER
HAD A CAR, NEVER
TAKEN A TAXI, AND
YET WAS ABLE TO SEE
ALMOST EVERYTHING
THERE IS TO VISIT. KRISTY A. SIEGEL
PROGRAMMING CHAIR



#### Meeting City: Places to Eat in Washington, D.C.



IF YOUR TIME IS

LIMITED IN D.C.,

YOU MUST MAKE

TIME TO GET OUT

CONVENTION

**CENTER AND SEE** 

SOME OF THE CITY.

OF THE

**Austin Grill** 

*Tex-Mex* 750 E St., NW In WCC area 202-393-3776

#### B Smith's

Southern (mid-priced) 50 Massachusetts Ave In Union Station 202-289-6188

#### Capital City Brewing Co.

American 1100 New York Ave, NW Corner of 11 and H Streets 202-628-2222

#### Capital Q BBQ

Texas-style BBQ 707 H St, NW In Chinatown 202-347-8396

#### Ella's Pizza

Wood-fired pizza
On 9th St. NW, between F &
G Streets
202-638-3434

#### Full Kee

Chinese 509 H St, NW In Chinatown 202-371-2233

#### Latasca

Spanish / Tapas 722 7th St, NW, at H St. Across from Chinatown 202-347-9190

#### Meskerem

Ethiopian (mid-priced) 2434 18th St, NW 20004 In Adams Morgan 202-462-4100

#### \*\* Mitsitam Café

Indigenous foods of the Americas (cafeteria-style dining)
4th St. and Independence Ave., S.W.
In the National Museum of American Indians – closes at 5:15 PM
202-633-1000

#### \*\*\* A MUST TRY!

#### Potbelly Sandwich

Deli / Sandwiches 726 7th St., NW Across from Chinatown 202-478-0070

#### DA's RFD Washington

American / Great world beers on tap & bottle 810 7th St., NW Across from Chinatown 202-289-2030

#### Tortilla Coast

Mexican; Tex-Mex 410 1st St, SE Capitol Hill area 202-543-5005

#### Zola

American Fusion (mid-priced) 800 F St, NW In the Le Droit Building, next to the International Spy Museum 202-654-0999

MINIOUT IKI

## Meeting City: Places to See in Washington, D.C.

If your time is limited in D.C., you must make time to get out of the Convention Center and see some of the city. Below is a rushed, agenda which will allow you to see a variety of locations throughout the city. But you can easily spend a day in any of the museums and galleries. So it is best to plan your time accordingly. A note to new travelers, it is extremely difficult to museum-hop due to the long security lines at all museums and galleries, and national buildings. If you plan on spending less than 15 minutes in one place, you should just skip it because you will likely spend more time than that in line just trying to get in!

FOR A ONE-DAY VISIT:

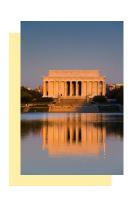
Thomas Jefferson Building 101 Independence Ave, SE (1st St SE, between Independence Ave and East Capitol Sts) METRO: Capitol South (orange/blue lines)

Library of Congress -

- HOURS: 10:00 am 5:30 pm TOURS: Monday–Friday 10:30, 11:30, 1:30, 2:30, and 3:30
- 2. Walk to the front of the Capitol Building (1st & Independence) to take pictures (tours available firstcome, first-served)
- 3. National Museum of the American Indian 4th St. and Independence Ave., S.W. METRO: L'Enfant Plaza

Station (all lines except Red)

- HOURS: 10 a.m. 5:30 p.m. TO DO: Mitsitam Café (EAT!)
- National Gallery of Art 3rd and 7th Streets at Constitution Avenue NW HOURS: 10:00 am - 5:00 pm
- National Archives
  700 Pennsylvania Avenue,
  NW (entrance on
  Constitution Ave.)
  HOURS: 10:00 am 7:00 pm
  METRO: Archives/Navy
  Memorial (yellow/green
  lines)
- 6. Walk up Pennsylvania Ave. to the **White House**
- 7. Walk down 17<sup>th</sup> St. to the Memorial Area
- 8. WWII Memorial
- 9. Korean War Memorial
- 10. Lincoln Memorial
- 1. Vietnam War Memorial



Come join us for free food, fun, and great company at the...

# APHA STUDENT ASSEMBLY SOCIAL

## LOCATION

The Reef (in Adams Morgan) 2446 18th St. NW Washington, DC 20009









Monday, Nov. 5, 2007 8:00 pm—11:00pm



## **METRO DIRECTIONS**

You can get to The Reef by taking any of the following Metro Lines and choosing any of the stops below:

#### **Red Line**

- 1) Woodley Park-Zoo / Adams Morgan Stop (then walk 1.3 miles)
  - Head SE on Connecticut Ave NW toward 24th St. NW // Sharp left at Columbia Road NW // Turn right at 18th St. NW
- 2) Dupont Circle Stop (then walk 1.1 miles)

Head NW on Connecticut Ave. NW toward Dupont Circle NW // Slight right at Dupont Circle NW // Slight right at Connecticut Ave. NW // Slight right at Columbia Rd. NW // Turn right at 18th St. NW

#### Yellow/Green Line

- 1) Columbia Heights Stop (then walk 1.1 miles)
  - Head east on Irving St. NW toward 13th St. NW // Turn right at 13th St. NW // Turn right at Columbia Rd. NW // Turn left at 18th St. NW
- 2) U Street/African-Amer Civil War Memorial/Cardoza Stop (then walk 1.1 miles)
  Head north on 12th St. NW toward U St. NW // Turn left at U St. NW // Turn
  right at 18th St. NW

### Student Assembly



Sponsored By: APHA Student Assembly

Please contact Monet Silva-Caldwell for additional information phone: 505.307.8468 email: familiacaldsilva@yahoo.com

OR Get a group of your friends together and CAB it there!

#### Not to Miss Sessions at this Year's Meeting!

**APHA-SA Orientation & Annual Review** (MONDAY, NOV. 5, 2007: 12:30 PM-2:00 PM – WCC 202A): This session is designed for first-time attendees and/or new members, but all are welcome! With almost 900 Scientific Sessions and hundreds of business meetings, this is a meeting full of opportunities but only if attendees are aware of them. In addition, staff will provide information on how to access the many member benefits that will follow after the meeting. The Q&A portion allows time to address individual inquiries regarding the meeting and student membership. Students are encouraged to attend to learn about the Student Assembly benefits.

**Aging Population Health Issues** (MONDAY, NOV. 5, 2007: 2:30 PM-4:00 PM – WCC 157): The current population in the United States is rapidly aging and the health care system will soon be overwhelmed with the health issues of an elderly population. It is imperative that access to healthcare and preventive services for this population be addressed. The presentations in this session will discuss access to care through Medicare, health disparities, and preventive health screenings.

Mental Health & Public Health (MONDAY, NOV. 5, 2007: 4:30 PM-6:00 PM – WCC 157): All populations are at-risk for mental health problems. Understanding the mental health risks and needs of various populations can help public health practitioners and researchers appropriately address this inadequately addressed issue. The presentations in this session will focus on the mental health needs of a variety of populations in a range of life stages.

**Launching Your Career in Public Health** (TUESDAY, NOV. 6, 2007: 12:30 PM-2:00 PM – WCC 151A): This session will allow students to explore the field of public health within the political and advocacy sectors and find ways to enhance their academic training through panel discussion with prominent public health figures. It will also give attendees an opportunity to consider their future in public health. Participants will learn what qualities and experiences employers are seeking in potential employees and how best to network and identify employment opportunities in their field of interest.

**Exploring Careers in International Health** (TUESDAY, NOV. 6, 2007: 2:30 PM-4:00 PM – WCC I51A): This session will feature prominent public health figures who will speak about their experiences in international health and demystify international health career paths. Discussions will be held regarding the various avenues through which to pursue a career in international health. Participants will learn what qualities and experiences employers are seeking in potential employees and how best to network and identify employment opportunities in their field of interest. In addition, speakers will discuss how their work satisfies the promotion of humanity.

**Current Topics in Student Research** (TUESDAY, NOV. 6, 2007: 4:30 PM-6:00 PM – WCC 203B): This session includes presentations on current student research. Topics include hepatitis risk, identifying health needs among minority groups, domestic violence prevention among Latinas, mortality after Hurricane Katrina, and workers compensation and income loss.

**APHA Student Assembly Late Breaker** (WEDNESDAY, NOV. 7, 2007: 8:30 AM-10:00 AM – WCC 157): This session includes presentations on current student research. Topics include health professions training programs and their role in community health centers, intimate partner violence, perceptions of STI testing during routine gynecological care, acceptance of early abortion services in primary care settings, and sexual risk behaviors among orphans and non-orphans in Tanzania.

Strategies for Improving Nutrition & Physical Activity (WEDNESDAY, NOV. 7, 2007: 8:30 AM-10:00 AM – WCC 153): Nutrition and physical activity have rapidly become important topics not only in public health but in the mainstream media. With increasing obesity rates and continued poor nutrition among the nation's underserved communities nutrition and physical activity is a timely topic. This session will address nutrition and physical activity policy, access, and individual behavior.

Check out the next few pages for more not to miss sessions & activities!

JOIN US DURING
THIS YEAR'S
NEWLY
REFORMATTED
CAREER SESSIONS
WITH PANEL
DISCUSSIONS, AS
WELL AS THE
FIRST-EVER
ADVOCACY/
POLITICS THEMED
CAREER SESSION.



### Student & Young Professionals: Poster & Oral Sessions

\*Sessions in **BOLD** are APHA-Student Assembly sessions

Session #	Date	Times	Title	
2029	Sun., Nov. 4	2:30 - 3:30 pm	Disaster and Emergency Event Preparedness, Response, and Recovery	
2038	Sun., Nov. 4	2:30 - 3:30 pm	Student Research on U.S. and Global MCH Issues	
3042	Mon., Nov. 5	8:30 - 10:00 am	Building a Global Health Career: Directions from Employers and Experts	
3073	Mon., Nov. 5	10:30 - 11:30 am	Delta Omega Honorary Public Health Society: Student Excellence Part I	
3074	Mon., Nov. 5	10:30 - 11:30 am	Delta Omega Honorary Public Health Society: Student Excellence Part II	
3079	Mon., Nov. 5	10:30 - 11:30 am	Committee on Affiliates Student Poster Session I	
3080	Mon., Nov. 5	10:30 - 11:30 am	Committee on Affiliates Student Poster Session II	
3082	Mon., Nov. 5	10:30 - 11:30 am	Experiences in Access to Care, Medicine, and Insurance: Poster Session I	
3083	Mon., Nov. 5	10:30 - 11:30 am	Experiences in Access to Care, Medicine, and Insurance: Poster Session II	
3139	Mon., Nov. 5	10:30 - 12:00 pm	MCH Issues In The U.S. And Around The World: A Showcase of Student's Papers	
3166	Mon., Nov. 5	12:30 - 1:30 pm	International Human Rights Committee Student Posters I	
3167	Mon., Nov. 5	12:30 - 1:30 pm	International Human Rights Committee Student Posters II	
3185	Mon., Nov. 5	12:30 - 1:30 pm	PHEHP Student Abstract Contest Winners	
3201	Mon., Nov. 5	I 2:30 - 2:00 pm	APHA-SA Orientation & Annual Review: Where Have We Been?	
3262	Mon., Nov. 5	2:30 - 3:30 pm	Innovative Approaches to Student Training and Education	
3263	Mon., Nov. 5	2:30 - 3:30 pm	Occupational Health and Other Environmental Risk Factors	
3264	Mon., Nov. 5	2:30 - 3:30 pm	Environment Section Poster Session I Student Posters	
3265	Mon., Nov. 5	2:30 - 3:30 pm	Environment Section Poster Session II Student Posters	
3302	Mon., Nov. 5	2:30 - 4:00 pm	Aging Population Health Issues (Oral)	
3376	Mon., Nov. 5	4:30 - 5:30 pm	APHA-SA: Current Topics in Student Research Poster Session	
3377	Mon., Nov. 5	4:30 - 5:30 pm	Child, Adolescent, and Maternal Health Concerns (Poster)	
3399	Mon., Nov. 5	4:30 - 6:00 pm	Mental Health and Public Health (Oral)	
4112	Tues., Nov. 6	12:30 - 2:00 pm	Launching Your Career in Public Health (Oral)	
4148	Tues., Nov. 6	12:30 - 2:00 pm	Medical Care Section Student Paper Award Session	
4200	Tues., Nov. 6	2:30 - 4:00 pm	Exploring Careers in International Health (Oral)	
4292	Tues., Nov. 6	4:30 - 6:00 pm	APHA-SA: Current Topics in Student Research (Oral)	
5001	Wed., Nov. 7	8:30 - 9:30 am	Perspectives in Reproductive Health: Youth, Women, HIV/AIDS/STI	
5002	Wed., Nov. 7	8:30 - 9:30 am	APHA Student Assembly Late Breaker Poster Session	
5030	Wed., Nov. 7	8:30 - 10:00 am	APHA Student Assembly Late Breaker (Oral)	
5031	Wed., Nov. 7	8:30 - 10:00 am	Strategies for Improving Nutrition and Physical Activity (Oral)	

## Other Section Activities that Might Interest You!

<b>*</b>			_	
Section Alcohol, Tobacco and	325.0	Session ATOD Social Hour and Networking Reception	Monday, Nov. 5	Time 6:30 - 8:00 pm
Other Drugs		5 .	-	-
	398.0	ATOD Awards Ceremony, Business Meeting, & Social Hour	Tuesday, Nov. 6	6:30 - 8:00 pm
Chiropractic Health Care	251.0	Business Meeting #1	Sunday, Nov. 4	4:00 - 5:30 pm
Care	330.0	Business Meeting #2	Monday, Nov. 5	6:30 - 8:00 pm
Community Health	185.0	Business Meeting	Sunday, Nov. 4	10:00 - 11:30 am
Planning & Policy	321.0	Social Hour	Monday, Nov. 5	6:30 - 8:00 pm
F	157.0	Business Meeting #1	Sunday, Nov. 4	8:00 - 9:30 am
Environment	332.0	Environment Section Social Hour	Monday, Nov. 5	6:30 - 8:00 pm
F - 1 - 1	151.0	Business Meeting #1	Saturday, Nov. 3	7:00 - 10:00 pm
Epidemiology 	234.0	Business Meeting #2	Sunday, Nov. 4	2:15 - 3:30 pm
	229.0	Business Meeting	Sunday, Nov. 4	2:00 - 5:00 pm
Food and Nutrition	283.0	Reception & Awards Dinner	Sunday, Nov. 4	6:30 - 8:30 pm
	254.0	Business Meeting #1	Sunday, Nov. 4	4:00 - 5:30 pm
Gerontological Health	372.0	Reception	Monday, Nov. 5	6:30 - 9:30 pm
	213.0	Business Meeting #1	Sunday, Nov. 4	2:00 - 3:30 pm
HIV/AIDS	423.0	Social	Tuesday, Nov. 6	8:00 - 10:00 pm
	153.0	Business Meeting #I	Sunday, Nov. 4	7:00 - 8:30 am
Health Administration	374.0	Social Hour	Monday, Nov. 5	7:30 - 9:00 pm
Injury Control and	243.0	Business Meeting #I	Sunday, Nov. 4	3:00 - 6:00 pm
Emer. Health Services	323.0	Social Hour	Monday, Nov. 5	6:30 - 7:30 pm
	256.0	Business Meeting	Sunday, Nov. 4	4:00 - 5:30 pm
International Health	294.0	Business Meeting	Monday, Nov. 5	6:30 - 8:00 am
Maternal & Child Health			Sunday, Nov. 4	4:00 - 5:30 pm
Medical Care	1 0		Saturday, Nov. 3	5:30 - 7:00 pm
Mental Health	307.0	Business Meeting	Monday, Nov. 5	7:00 - 8:00 am
Occupational Health	173.0	Business Meeting	Sunday, Nov. 4	8:30 - 11:30 am
and Safety	277.0	Social Hour	Sunday, Nov. 4	5:00 - 7:30 pm
	169.0	Business Meeting	Sunday, Nov. 4	8:00 - 11:30 am
Oral Health	240.0	Business Meeting	Sunday, Nov. 4	2:30 - 5:30 pm
Podiatric Health	176.0	Business Meeting	Sunday, Nov. 4	9:00 - 10:30 am
			•	6:30 - 8:00 pm
PFP, and Repro. Health	346.0	PFPRH Community Reception	Monday, Nov. 5	<u> </u>
Public Health Ed. and	298.0	Business Meeting	Monday, Nov. 5	6:30 - 8:00 am
Health Promotion	347.0	Joint Social Hour with SHES	Monday, Nov. 5	6:30 - 8:00 pm
Public Health Nursing	160.0	Business Meeting	Sunday, Nov. 4	8:00 - 9:30 am
	300.0	Business Meeting	Monday, Nov. 5	6:30 - 8:00 am
School Health Ed. and			Sunday, Nov. 4	5:00 - 7:00 pm
Services	347.0	Joint Social Hour with PHEHP	Monday, Nov. 5	6:30 - 8:00 pm
Social Work	267.0	Business Meeting	Sunday, Nov. 4	4:00 - 5:30 pm
	301.0	Business Meeting	Monday, Nov. 5	6:30 - 8:00 am
Statistics	419.0	Business Meeting and Social Hour	Tuesday, Nov. 6	6:30 - 8:00 pm
Vision Care	226.0	Business Meeting I	Sunday, Nov. 4	2:00 - 3:30 pm
	268.0	Business Meeting 2	Sunday, Nov. 4	4:00 - 5:30 pm
H-				

APHA –SA encourages you to take the opportunity to come find out more about us and provide input about our programs and initiatives by attending our business meetings and welcome session. Active membership involvement is what drives our organization. We look forward to meeting you and hearing your new ideas to enhance **your** organization.



Come join us!



### **APHA-SA Welcome & Orientation**

Session 3201.0 Monday November 5, 2007 12:30 pm - 2:00 pm Washington Convention Center Room 202A

## **APHA-SA Strategic Planning Meeting**

Session 399.0
Tuesday November 6, 2007
6:30 pm - 8:00 pm
Washington Convention Center Room 142

## APHA President-Elect Candidate Interview

## I. What do you see as the role of the Student Assembly in APHA, and how would you ensure that APHA addresses student concerns?

The Student Assembly serves as a focal point for student action, advocacy, and communication within the Association. It provides for the development of leadership skills for the coming generation of APHA members as well as peer support and mentoring. It is the voice of emerging public health professionals to the various units within APHA and the affiliates.

If elected I would seek to facilitate APHA attention to student concerns first through regular and active listening to the Assembly leader as a colleague on the Executive Board and also through deliberate efforts to hear from students across the country as I attend the annual affiliate meetings. I would also take advantage of opportunities to communicate with ASPH membership and leaders regarding student issues. As a member of the Executive Board and the Executive Committee I would bring to bear my more than 35 years experience as an educator and an educational administrator to advocate for student welfare and progress within the Association.

## 2. What are your suggestions and/or comments for students regarding their involvement and outreach?

I would strongly urge students to take every opportunity to actively collaborate with APHA Sections, SPIGS, and Caucuses, and with their state affiliates. Not only will this strengthen these units, but it will provide the kind of professional mentoring and networking that will be invaluable to you. Student APHA members can also serve as role models for their uninvolved colleagues to consider active participation in professional organizational service as a necessary and enriching component of their careers.

## 3. How will you approach APHA recruitment and retention, and encourage public health students and professionals to remain in the field?

Both recruitment and retention of members depends, I think, to a large extent on opportunities for members to see themselves as able to take effective action and on their perception of the organization as helping to meet their professional needs. I would hope to work with others to make APHA more and more responsive to both actual and potential members. I would continue to encourage joint APHA and affiliate membership and efforts to engage as many members on all levels as possible. I would encourage ASPH members to work with faculty to model and advocate for organizational involvement as a professional responsibility.

Keeping public health workers in the field is a big issue that involves attention to infrastructure, visibility of public health and its contributions to society, insuring adequate valuing, support, and compensation for practitioners, among other considerations. This is an massive and ongoing concern that we will all be addressing over the coming decades, but the prospect of a new national administration and a renewed look at the provision of health care for the nation provides a window for progress.

**Cheryl E. Easley**, PhD, AM, RN, Dean of the College of Health and Social Welfare at the University of Alaska Anchorage



## APHA President-Elect Candidate Interview

## REPRINTED FROM THE NATION'S HEALTH INTERVIEW

The '60s and '70s were a time of great turbulence, awakening and commitment to the values of justice, human rights and equality. A time of personal growth, believing I can make a difference and beginning my evolution into leadership. That journey began as president of the Student National Medical Association to board positions in the National Association of County and City Health Officials, Governing Council of APHA, leadership as a clinician/administrator and directing health departments in Atlanta, Newark and Louisville for over 20 years. It has taken me around the world leading missions in Angola, consulting with the World Health Organization in Thailand and Japan, evaluating refugee camps during the Rwanda crisis and studying communityoriented primary care in India.

My time as APHA president will revolve around acknowledging that health is a human right and a social justice issue. We must increase our efforts to ensure health equity by embracing the principles of social determinants as primary causation of health inequities and collaborate with non-traditional partners in the quest for racial, ethnic and socio-economic equity in health.



Adewale Troutman, MD, MPH, MA, Director Metro Health Department of Kentucky, Associate professor at the University of Louisville School of Public Health.

#### We must:

- \* expand efforts for national health insurance to guarantee universal coverage and access to a single standard of high quality care,
- \* work for comprehensive manpower development to ensure an ever-increasing professional public health work force,
- \* continue striving for organizational efficiency and expanding our place at the policy-making table.
- \* pursue accreditation and a standardization of public health training at all levels, and
- \* bridge the nexus between research and practice.

There are a multitude of issues that face us, including global warming, emerging infectious diseases, border health issues and all-hazards preparedness. There will be more. What is consistent about all of them however is the demand for experienced, motivated, creative and compassionate leadership.

#### 2007 APHA-SA Public Health Career Sessions



**DR. SHARON RUDY**,

PROGRAM DIRECTOR,

USAID GLOBAL HEALTH FELLOWS

After several years of highly successful and well attended APHA-SA career sessions, we want to try something new this year based on attendance and speaker feedback. Many attendees voiced their request for additional question and answer time with the speakers, as well as the elimination of duplication of information from the speakers. So this year we will have a panel discussion with some prepared questions for the speakers, as well as take questions from the attendees throughout the

session instead of at the conclusion of the session.

Also new this year is the first-ever themed career session - Politics and Advocacy in Public Health. Ever wonder how as a student you can be involved in advocacy and politics? Or are you interested in a career in public health policy? Then this session is for you. Mark your calendars (and APHA meeting schedules) for Tuesday, Nov. 6 at 12:30 PM, Session #4112.0 -Launching Your Career in Public Health. Panelists

represent various sectors including Research!
America, Office of Congresswoman Hilda L. Solis, Connecticut Health Foundation, and Towson University. The facilitator of this session will be APHA-SA Action Committee Chair, Mariza Hardin.

The annual international health career session has also been reformatted, with one of last year's speakers, Dr. Sharon Rudy, serving as the facilitator of Exploring Careers in International Health.

#### Want To Be a Part of an APHA-SA Session?

Plan on attending one of the APHA-SA career sessions this year while in DC?

#### Send us your questions for the panelists.



What have you always wondered concerning a career in public health? Examples include "What are the three biggest mistakes students making when interviewing for a job?", "How can I make myself stand out from the other applicants for an international health internship?", and "How do I document my leadership positions on my résumé?"

We will select the best questions and include them in the panel discussion - noting the authors of the questions.

Send questions to session organizer, Kristy A. Siegel, ksiegelapha@hotmail.com. Use Subject Line "APHA CAREER SESSION" and reference which session this question is for: #4112 - Launching Your Career in Public Health OR #4200 - Exploring Careers in International Health.

#### APHA Student Assembly Scholarship Winners

Removing complacency as a barrier: How Tanzanians can access better health care

Jessica Beaman, BS, MPH, George Washington University

New directions: Fertility preservation for pediatric oncology patients, trends in clinical practice and nurses attitudes

Heather Clayton, MPH, University of South Florida

Eating by number: Undergraduate dietary practices and the impact of perceived, ideal and actual BMI

Elizabeth Elliott Cooper, MPH, University of South Florida

Inconsistent reports of sexual intercourse among South African high school students

Lori-Ann Palen, MS, Pennsylvania State University

Houston Outreach Medicine, Education, and Social Services' (HOMES) homeless population demographics, descriptions and barriers to care

Kerry J. Welsh, MPH, University of Texas Houston Health Sciences Center

The APHA-SA's 3rd Annual Student Presenter Scholarship is pleased to announce this year's winners.

This year's fundraising efforts allowed APHA-SA to nearly double the amount of money for student scholarships from previous years.

APHA-SA was able to provide five student scholarship winners an award package that includes registration fee and a travel stipend to the 135th Annual Meeting of APHA in Washington, DC. to present during APHA-SA sessions.

The APHA-SA Finance Committee and Haroun Habib would like to thank the following people for serving as a Reviewer for the 2007 APHA-SA Annual Scholarship Fund:

Brian Saylor, PhD, MPH

William Chen, PhD, CHES

Jose P. Aparicio MD, MPH

Kevin Hoffman, PhD candidate

Lianne Estefan, PhD candidate

Meredith Masel, PhD candidate

#### Jessica Beaman, BS, MPH, George Washington University

While pursuing my MPH at The George Washington University's School of Public Health and Health Services, I had the opportunity to not only learn from my coursework but the world beyond GW. In the midst of my studies, I chose to volunteer in Tanzania while completing my practicum and collecting data for my culminating experience. As I conducted my survey, I saw and felt the realties and challenges of carrying out public health work in a low resource setting. I learned alongside practitioners who remain devoted despite the uphill battle and from whom I gained courage to pursue my future endeavors. However, more importantly, I began to see this part of the world through the lens of those whom I interviewed as a result of their candidness. On multiple occasions, the participants asked what I would do with their responses and the results. They expressed their dissatisfaction with the institutions that affected their access to care. I promised them that I would strive to make their

stories heard and to affect change, no matter how big or small. I told them that I would search out avenues to turn my own awareness, and their lived realities, into social action. In essence, I began to understand how important it is to translate research into "real" solutions.

The Annual Meeting is an ideal forum to disseminate findings, as well as the human experiences behind the research, amongst the diverse practitioners who make up the world of public health. This presentation will allow me the opportunity to give back to all those who made this research possible and to be a voice for individuals and circumstances that are bigger than myself. The meeting will serve as an important first step in my career as a public health advocate as I will begin to learn the methods involved in presenting scientific findings and increasing social awareness. It will serve as a platform upon which I can build skills to further influence policies and practices and to ultimately help improve the health

and well-being of individuals in our global community.

Last fall, I had the opportunity to attend my first Annual Meeting. I was excited, and vet overwhelmed, by the sheer number of opportunities to learn more about the field and the individuals contributing to the advancement of public health. However, in all honesty I felt as if I was running from one place to the next and attempting to do everything, which proved to be an impossible task. This year, I am eager to attend the meeting as I feel more focused and prepared for all that is in store. I hope to learn from my colleagues in the field and to build relationships amongst the current and future leaders in public health. I have spent six years in the Washington, DC area and am thrilled by the prospect of meeting practitioners who have been working in the local community and to gain insight into their successes and challenges as I begin to embark on my career.

TIME, I FELT PART

OF THE PUBLIC

HEALTH

COMMUNITY, AND

THAT MY WORK

WAS PART OF THE

PUBLIC HEALTH

MISSION.

FOR THE FIRST

#### Heather Clayton, MPH, University of South Florida

I was overjoyed to learn that my abstract was accepted for a poster presentation at the Annual Meeting of the American Public Health Association. This is the first time I have been selected to present my work at this meeting, and I am looking forward to attending. As a doctoral student, this conference is particularly important. The scientific sessions will provide me with the opportunity to learn about the work that is being conducted in my field, but more importantly, it will also provide me with the opportunity to directly interact with the people who are doing this work. I have begun to browse through the program of the annual meeting, and I already see several individuals that I would like to interact with. I am

also very interested in attending several oral presentations and poster sessions.

Another benefit of attending the annual meeting is the exposure to the dearth of activities being conducted in public health. As a doctoral student, I find myself becoming increasingly focused on my specific area of research (reproductive epidemiology), and it would certainly be beneficial for me to attend a conference where I can learn about a wide array of activities being conducted in public health. While I was pursuing my master in public health degree, I was able to attend the APHA annual meeting in Atlanta. I found the experience to be exciting and inspiring. I felt so energized by

the people and all of the activities being conducted in public health. For the first time, I felt part of the public health community, and that my work was part of the public health mission.

Another important aspect of the annual meeting (particularly for a doctoral student that is about to graduate) is having the opportunity to learn about the variety of careers and employment opportunities available for doctorally-prepared individuals. At a time when I am seriously considering my career options, having the opportunity to meet with faculty at other institutions of public health, as well as professionals from governmental and nongovernmental organizations would be invaluable.



### Elizabeth Elliott Cooper, MPH, University of South Florida

Any piece of knowledge I acquire today has a value at this moment exactly proportioned to my skill to deal with it. Tomorrow, when I know more, I recall that piece of knowledge and use it better.

- Mark Van Doren

Despite its many merits, an interdisciplinary approach is difficult to maintain - both in terms of collaboration and for an individual attempting to bridge multiple fields. For over two years, I have been pursuing graduate degrees in public health and applied anthropology, working to combine methods and approaches. While the APHA Annual Meeting has been a useful means of networking and familiarizing myself with the broad scope of public health, this conference has taken on new importance now that I have completed my MPH and am concentrating solely on my doctoral work in bio-cultural anthropology. Although providing

me with new skills and increasingly more nuanced theoretical frameworks, this specialization and shift in focus make it difficult to stay current with public health developments.

I see the 2007 Annual Meeting as an opportunity to update my knowledge, refresh my understanding of core concepts, and renew the interdisciplinary focus of my work. To echo Van Doren, my attendance will help me to recall the pieces of my public health background as I become able to "use it better."

As a first-time presenter, it will also contribute to my professionalization and provide a much-needed public health critique for my work. My presentation will introduce a new methodological approach to understanding food choice that borrows on both psychology and cognitive anthropology. It has the potential to generate a productive debate on long-standing models of behavior change, such as the health belief, health action, and stages of change models. As I am currently in the process of adapting this methodology for use in my upcoming dissertation research in non-peninsular Malaysia, such a discussion has clear personal benefits. However, the presentation is useful in its own right for its ability to prompt a rethinking of current methodology. Moreover, its focus on a university population emphasizes the need to translate knowledge into practice in our immediate environments, and it is my hope that the opportunity to present in a Student Assembly session will generate further dialogue on how to apply nutrition strategies on campus in a more sustainable way.

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FOCUS OF MY WORK.

#### Lori-Ann Palen, MS, Pennsylvania State University

I had the privilege of attending and presenting at APHA for the first time last year. There were several aspects of the experience that were different from other conferences that I have attended; these led me to prioritize attendance again at this year's meeting. I was exposed to a number of individuals who are implementing innovative public health interventions, particular in

areas that involve mass-media. This has helped me think outside the realm of the smaller-scale individual-, family-, and schoolbased interventions to which I am typically exposed. In one of my research areas of interest, sexuality, I appreciated that a number of presenters at APHA took the perspective of promoting sexual health, rather than simply preventing risky

behaviors. They have inspired me to have a more positive perspective on a set of behaviors that can be vilified in the literature and media. I also appreciated that APHA offered the opportunity to network with a number of potential employers, and I plan to put even more effort into this area in light of my May 2008 graduation date.

#### Kerry J. Welsh, MPH, University of Texas Houston Health Sciences Center

I first became interested in healthcare for the underserved while volunteering at a county health department during my studies as a Master of Public Health student. I have continued my commitment to this cause as a medical student by serving on the student board of the Houston, Outreach, Medicine, Education, and Social Services (HOMES) Clinic. My involvement with this organization gave me the

opportunity to collaborate with the University of Texas School of Public Health in a study to describe the demographics of our patient population, their barriers to healthcare, and social resources needed. The American Public Health Association Annual Meeting is the ideal place to present the results of our study as we prepare policy change proposals to our sponsoring organization based on our data.

Because this project was largely designed and facilitated by students, the feedback we receive from experienced public health professionals will be invaluable. Our student-run healthcare model and studies will receive exposure at the national level. Additionally, it is anticipated that our data will be useful to professionals who study indigent healthcare issues.



## STUDENT ASSEMBLY EXPO BOOTH

November 4-7 Washington, DC

> IIN THE SCHOOLS OF PUBLIC

HEALTH



Come find out more about the Student Assembly.



Learn about volunteer opportunities.



Come hang out with fellow students in our lounge area.



Sign up for different committees and become an active part of the Student Assembly.



Don't miss out on this great opportunity! Help us give back to the community! All funds raised will be given to DC Appleseed. Stop by the booth to buy your ticket. Tickets only \$2.00





#### **Abstract Writing Guidelines for Conference Submission**

By: Kristy A. Siegel, MPH, CHES – Programming co-Chair

Attending a professional or scientific conference meeting is an important part of any student's education; however, presenting at one is an even more valuable experience. But difficulty arises in getting an abstract accepted for presentation. This should not hinder your decision in submitting an abstract.

To prepare an abstract you must first know and understand the purpose of an abstract, which is an accurate representation of the contents of a document in an abbreviated form. This "snapshot" is the only thing reviewers have to judge the worthiness of your project. Therefore, it is up to you to make your project appear innovative, exciting, relevant, or whatever the criteria might be. Having said that, the component parts of the abstract are title and authors, background, methods, results, and conclusions, and sometimes learning objectives.

The title is the first thing reviewers see on your abstract – immediately creating an impression. Therefore make sure the title is descriptive enough to let the reviewer know what to expect but not too wordy to turn the reviewer off.

In the body of the abstract, the background is the first section that reviewers make decisions about your work. The background of the abstract answers the question, "why did this project occur". In two to three sentences maximum, set the introduction and explain the importance of the project. To increase your abstract's acceptance, this is the opportunity to make any linkages to conference theme.

The next section of the abstract is the methods. As briefly as possible, explain how your study was conducted. Be sure to include how the sample was gathered (i.e., convenience, random) and some demographic characteristics of the sample. Explain how you gathered your data (i.e., conducted a focus group, collected hair

samples)

The results section is the number one section that causes many abstracts to be rejected. As succinctly as possible, explain what your findings were. Make sure to use the statistical analyses employed and whether the results were statistically significant or not. Only state the most important findings that would be relevant to the conference, its theme, and the attendees. If your abstract is based on practical applications, your results should include evaluation results (i.e., process, impact / outcome, number of people reached).

After completing the background, methods, and results, the last section in the body of the abstract is the conclusion. If you had not already made any linkages to the conference theme, you can do so now. In the conclusion the most important thing you can say is how your findings contribute to current knowledge; in other words, **explain the implications of the findings**.

Many conferences require learning objectives to accompany the abstract. Be sure to follow the guidelines of the conference for constructing learning objectives. This is not the time to say things that did not fit in the abstract, only write what is required for learning objectives. This is the last part of the abstract that can reduce your acceptance because programmers will select abstracts that complete the requirements of submission and complement their sessions. If the learning objectives are not written correctly, the programmer would have to rewrite them – creating more work for an already busy programmer.

Now that you have completed the abstract, here are some other tips to consider before submitting your abstract. When preparing your abstract, review abstracts from past conference events. This will allow you to see what type of abstracts was accepted and the format that was used. You

can also see if your abstract is similar to previous presentations, permitting you to make your abstract unique. Structure, structure, structure. Follow some structure when developing your abstract – use headings within the abstract, if space allows. But make sure all parts of the abstract are present.

USE SPELL-CHECK!!!! In this day with word-processing, it is unacceptable to have misspellings and typos. There is also no substitute for human eyes. Make sure to request someone not involved in the project to proofread the abstract. After checking for spelling and grammar, ask the reviewer to explain to you the study and its findings. If they can not explain it, rewrite it.

Follow submission guidelines every step of the way. If there is a 250 word limit, only use 250 words. Make every word count – both when reaching the limit and when under the limit. If your abstract is at the word limit, reread the abstract to ensure every word is necessary and all sections of the study are discussed. Likewise if your abstract is considerably under the limit, reread to make sure all parts of the study are discussed in sufficient detail.

If you would like to get an insider's look at the review process, join the programming committee of the conference. Most organizations have two calls during the year – one for committee members and one for abstract reviewers. You do not have to be experienced in programming or abstract reviewing to join, most committees welcome new members and will give adequate instruction to complete the reviews. In the end, you will gain experience and knowledge of which abstracts are champions and which are not improving your chances of getting your abstract accepted in the future.

The APHA-SA Abstracts Subcommittee Interim Chair & Programming Chair, Kristy A. Siegel, would like to thank the following people for serving as a Reviewer during the 2007 APHA-SA Abstracts Review Period:

Ning An Sarah G. Forrestal Shanna Fox Taylor Anderson Kesha A. Baptiste-Roberts Michelle E. Galin Priscilla Barnes Isabel Garces **Jennifer Barr** Lorrie Garces Jose Bauermeister Tanisha Grimes Anthony Guerrero-Soto Ryan Bearer Alacey Berumen Jamila L. Harris Ahnalee Brincks Joshua C. Herigon Alberto J. Caban-Martinez Leslie Hinyard Wilma Calvert Kevin Hoffman Gayle Casel Joanna Holsten Pierrette J. Cazeau Hazel Hooker Julie A. Cederbaum Joanne DeSanto Iennaco Barbara Cliff Binu Jacob Elizabeth Elliott Cooper Sarah Joestl Victoria Michelle Cooper Rachael Jones Darcé M. Costello Yoko Kawamura Alminda D'Agostino Valeriya Kettelhut S. Dadabhai Elizabeth G. King Dieula Delissaint Lissa Knudsen Linda Ko Annie M. Dude Brian Kunkle Chinelo N. Enwonwu Moriah Ferullo Sherri L. LaVela

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Evette Pinder

Nancy C. Price

Asma Qureshi

Andrea Rosso



## **Got Abstracts?**

YOU can be a very vital part of the 2008 APHA Annual Meeting!

The Student Assembly is looking for students to become a part of the 2008 Abstracts Committee. If you are interested in learning about other student research, as well as helping the Student Assembly continue its legacy of excellent sessions at the annual meeting, then you need to be an abstract reviewer! It's easy... read a few abstracts and give your ideas and critiques... all from the comfort and ease of your computer!

Become part of a very important committee today! Email Mariza if you are interested! mirlun5@gmail.com

#### Get Involved and Make a Difference

The **APHA-SA Diversity Committee** is looking for public health



students to join and serve on the Diversity Committee. By joining the diversity committee you will be directly involved in programs to recruit and maintain a diverse APHA-SA student membership contribution to current and future programs and initiatives that help to address the multicultural competencies that are needed by future public health professionals.

If you or anyone you know is interested in becoming a Diversity Committee member, please visit our site at <a href="http://aphastudents.org/diversity.php">http://aphastudents.org/diversity.php</a> or contact us at diversity@aphastudents.org

Julie Suzuki-Crumly APHA-SA Diversity Committee Chair

#### Are you a recent or upcoming public health graduate?

Then, this session is for you...

## Progress in Credentialing of Graduates of Accredited Schools and Programs in Public Health

4107.0: Tuesday, November 06, 2007: 12:30 PM-2:00 PM

The National Board of Public Health Examiners (NBPHE, the Board) embarked on a landmark effort in September 2005 to develop, administer and evaluate certification examinations for graduates from Council on Education for Public Health (CEPH) - accredited schools and programs of public health. The purposes of this effort are to: 1) help improve the quality of education students receive; 2) improve graduates overall effectiveness in the practice of public health; and 3) heighten recognition of graduate-trained public health professionals who have attained the resulting credential. Session participants will have an opportunity to make suggestions and recommendations about ways to strengthen this new process and ensure that it improves the relevance of public health education to practice.

## **PHEHP Section**

Student Workgroup

Would you like to....

Get involved in the PHEPH section?

Gain leadership experience and help cultivate future section leaders?

Provide a voice for students within the section?



To find out more, or to join the group, email Disa Cornish at dlubker@uab.edu or Jennifer Cremeens at JLCremeens@bama.ua.edu



## Want to make the most of your visit to DC? Take a trip to Capitol Hill!

Join the APHA-SA Action Committee and other conference participants to visit your member of Congress.

Don't know what to say? Don't worry! APHA-SA will provide you with materials, maps, and talking points on important public health issues.

When: November 5, Monday afternoon

2:30 - 3:00 Meet-up and collect materials

3:00 - 4:00 Hill visits

4:00 - 4:30 Return to APHA

Where: APHA-SA Booth (#1422) in Expo Hall

For more information, contact action@aphastudents.org or visit the APHA-SA Expo Booth during the Meeting!

APHA-SA Action Committee

## Students in Action!

Mariza Hardin Denise Burke

Co-Chairs

On April 2-8th of this year, students from all over the country took part in National Public Health Week 2007. The theme this year, Take The First Step, was echoed around many campus thanks to the help of motivated students. The membership of the Student Assembly took part in several activities to help address the needs of the nation's vulnerable populations. We would like to share a few of those student group activities with you. Please read and get ideas on how you can coordinate an event for National Public Health Week 2008 or send an email to action@aphastudents.org for information and toolkits.

We can't wait to hear from you!



## Relay for Life at Central Michigan University

This year Central Michigan was host to the annual Relay for Life event. It was a great opportunity for all students, faculty and residents of Isabella County to be part of the war against cancer. Relay for Life is a 24 hour event dedicated solely on curing cancer. It is a time to celebrate the survivors of it, remember those who have passed away from it, and to raise money. All the money raised was given to the American Cancer Society. Throughout the 24 hour period there was a series of events that took place, including survivor laps and additional fundraisers. Central Michigan had over 100 teams that participated!!

#### **Ohio University**

The Ohio University hosted the former Director of the Ohio Department of Health, Dr. J. Nick Baird during National Public Health Week. He spoke to the College of Osteopathic Medicine about the role of primary care physicians in public health. Throughout the rest of the week, speakers from community health organizations gave presentations about resources available for mothers and infants, the aged, and government health programs.

#### The University of Kentucky

The University of Kentucky Student Public Health Association sponsored various events on campus. On both Monday and Wednesday, UKSPHA sponsored information tables focusing on Maternal and Child health, and collaborated with Lexington God's Pantry on a canned food drive to highlight the importance of local food banks. On Thursday a Sexual Responsibility table was set up at UK's Student Center to distribute information about STDs, HIV prevention and proper condom use. Free condoms were given away to students, along with flyers and pamphlets about sexual responsibility.





#### **University of Iowa**

The College of Public Health Student Association (CPHSA) and the University of Iowa College of Public Health (CPH) worked together to establish awareness of this year's NPHW theme of "Emergency Preparedness." On Monday, an emergency preparedness booth was displayed at the university, relaying information about the importance of preparedness and information on how to make an emergency kit. In honor of Tuesday's theme, the CPHSA collected non-perishable food products and personal hygiene products for the Iowa City Crisis Center Food Bank. On Thursday, the CPHSA organized a brown bag lunch presentation from the American Red Cross about "Emergency Preparedness in Case of a Tornado."

#### Johns Hopkins University

The Johns Hopkins University School of Medicine, the Center for Public Health Preparedness, The Center for Livable Future, NIEHS Center in Urban Environmental Health, and the Institute for Johns Hopkins Nursing presented, "The Heat is Rising: What You Need to Know About Climate Change and Public Health." This event was presented to raise awareness of the relationship between climate change and public health. A range of solutions was presented, from individual behavior change to regional and global policies, to stabilize the climate.



#### Florida International University



The Robert Stempel School of Public Health at Florida International University was the host to many activities during NPHW. The focus of this year's activities was Hurricane Preparedness. On Monday, the Student Public Health Association (SPHA) and Toys 'R' Us provided a fun kit for kids and pamphlet for the parents with a family checklist and other important community information. On Tuesday, the SPHA hosted a film festival in conjunction with the Miami-Dade Health Department. The film festival consisted of different outbreaks that have effected the nation as a whole. At the end of the movies, a speaker was present to elaborate, relate and answer questions. On Thursday, the SPHA targeted the youth by doing a fun day at Whigham Elementary School After School Program, as well as made take home hints to share with their parents. In addition to all those activities, they wrote letters to Senators, Representatives, insurance companies and public officials to encourage them to improve the assistance given to people who are disabled and have a chronic illness. While reaching the key people, they also focused on educating the people who live with disabilities and the importance of having an emergency plan in place.

#### **Temple University**

The Public Health Graduate Student Council at Temple University sent daily emails to students and faculty with a tip to stay safe during an emergency every day. Themes included; Preparing a "Go Kit", Having an Emergency Plan, Be Informed, ICE number and Preparing Your Pets for Emergencies Makes Sense. All emails had detailed information about each theme and what students should be doing to be prepared.



www.nphw.org

#### FAQs about Publications from the APHA-SA Newsletter Committee

## How many publications come from the Newsletter committee?

The newsletter Committee of the APHA Student Assembly has two different publications:

- 1. The News and Views quarterly newsletter
- 2. The Student Issue publication

## Can I submit my work to these publications?

Yes, you can submit your work to both publications if you are an APHA student member.

## Which publication should I submit my work to?

The News and Views quarterly newsletter publishes "news" from students. These are small articles of 200 words or less that are related to the following topics:

- Local, state or national public health events or projects (ex. Public Health Week, Covering Kids and Families Campaign, National AIDS Day)
- Public health events or news at your school (ex. Activities for public health week, community service related to public health, new programs or concentrations)
- Public health related career advice
- Advocacy efforts
- Other news of public health importance and/or important to students

The Student Issue publishes "academic" papers from students. These are longer articles of 700 words or less and include essays, opinion articles, student perspectives, articles about your student work, activism or research, etc.

You can always send us an e-mail at newsletter@aphastudents.org if you are unsure of which publication you should submit to.

#### What are the guidelines for each

#### publication?

You need to provide the following information in your article document (not the e-mail) for both publications:

- Your name
- Your APHA membership ID#
- Your institution information (name of institution, program, and year in program)
- Title of article

These are the guidelines for articles in the *News and Views* newsletter:

- 12 Size Font
- Arial, Verdana or Times New Roman Font
- 200 words or less

These are the guidelines for articles in the *Student Issue*:

- 700 words or less
- 12 Size Font
- Arial, Verdana or Times New Roman
- Provide references in APA format

## How often do these publications come out?

The News and Views newsletter comes out quarterly: January, April, July, and October. The Student Issue comes out yearly in summer.

#### When can I submit my work?

There will be a call for articles the month before the publication comes out and APHA-SA will send out an e-mail with this information. Check your e-mail or our website <a href="www.aphastudents.org">www.aphastudents.org</a> to check for deadlines.

## Who can I e-mail if I have any questions?

You can e-mail us at newsletter@aphastudent.org



Olivia Wackowski, Newsletter Chair



#### American Public Health Association

135th Annual Meeting and Exposition Washington, DC Convention Center November 4-7, 2007



#### JOB SEEKERS...

Are you looking for a new job? Are you ready to take the next step in your career? If the answer is yes, let Public Health CareerMart help you find the opportunity that's right for you!

\*Visit booth 631 and meet the employers who will be interviewing on site, or sign up for half hour session with a professional career coach. For more details go to www.apha.org/about/careers and click on the **YELLOW** banner.

\*You must be register for the conference to participate.

Director of Advertising American Public Health Association (APHA) 800 T" Street, NW Washington, DC 20001 (202) 777-2470



### 136th APHA Annual Meeting

**Public Health Without Borders** 

October 25-29, 2008

San Diego, California





## Get Involved! The Student Assembly of American Public Health Association needs Campus Liaisons

The American Public Health Association's Student Assembly (SA) Campus Liaison Sub-Committee is looking for undergraduate and graduate public health and health science students to act as Campus Liaisons. This is a wonderful way to gain leadership experience and to network with students from other schools of public health.

Campus liaisons serve as their school's representative to the Student Assembly of American Public Health Association (APHA). A liaison plays a key role in SA by helping recruit new members and disseminating information about SA and APHA to students, faculty, and administrators at colleges and universities across the country. It does not take a significant amount of time to serve as a liaison.

#### If you are interested in serving, or in finding out more information please contact:

Allen Suh, Chair APHA-SA Campus Liaison Committee allen.suh@gmail.com





## The APHA-SA Development Committee WANTSYOU!



The Development Committee establishes and maintains a strong financial base, supporting administration of all fund raising activities within APHA-SA. If you are interested in the grant writing process or if you are interested in acting as a liaison between the APHSA-SA development committee and your academic institution, the Development Committee welcomes you.

#### For more information, please contact:

Jamie K. Lok, CHES
APHA-SA Development Committee Chair

development@aphastudents.org

## The Student Assembly would like to thank the following financial supporters:

APHA Conference of Emeritus Members

National Center for Health Marketing, Centers for Disease Control and Prevention

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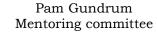
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## Student Assembly Programming Committee

The members of the Programming Subcommittee truly represent the dedication that Student Assembly members have. Members of this committee are asked to do a variety of tasks in addition to their already busy lives. They willingly use their talents and free time to assist the Programming Committee meet their goals and objectives. The events taking place at the 135th Annual American Public Health Association Meeting in D.C. would not have been possible with out the help from the Programming Sub-Committee Members. Thank you to each and every one of you for everything you have given to this committee and for contributing to the increasing success of the APHA Student Assembly.

Kristy A. Siegel & Monet Silva-Caldwell

If you are interested in becoming a part of the Programming Committee, please send an email to:

programming@aphastudents.org



Please direct any comments or questions concerning this meeting supplement to: Programming@aphastudents.org 2007 Programming Committee Members

Linda Kwon

**Dorcas** 

Corinne



## **APHA Student Assembly Mission**

APHA-SA is a student-led international organization within the American Public Health Association (APHA) representing students of public health and other related disciplines. We are dedicated to enhancing students' professional development by providing resources, fostering diversity and promoting opportunities.

According to APHA-SA's Strategic Plan, APHA-SA supports the development of the next generation of public health professionals by:

- Increasing student representation in APHA
- Developing and disseminating educational and professional development resources
- Creating and promoting opportunities for student involvement within APHA-SA, APHA, and other health-related organizations
- Providing and sustaining vehicles for communication
- Advocating for student issues and public and health-related policy
- Facilitating networking among students and professionals

